Best of Nepal – Women Only Premium Group Tour October 22 -28



Destination Introduction

Best of Nepal – Women Only Premium Group Tour

22nd October Departure

Escape into the heart of the Himalayas on an unforgettable **Women Only Premium Group Tour** with **Sunrays Holiday**. Specially designed for women who love to travel, explore, and create lifelong friendships, this journey takes you through Nepal's breathtaking landscapes, ancient heritage, vibrant culture, and incredible wildlife. From the spiritual charm of Kathmandu and the tranquil beauty of Pokhara to the thrilling jungles of Chitwan and the panoramic Himalayan views from Nagarkot and Sarangkot, every day promises a unique experience.

Travel with complete peace of mind under the care of our experienced **Sunrays Holiday Tour Manager**, enjoy premium accommodations, delicious meals, comfortable transportation, and thoughtfully curated sightseeing. Whether you're travelling solo or with friends, this tour offers the perfect blend of adventure, relaxation, culture, and unforgettable memories in a safe and welcoming environment.

One of the biggest advantages of this journey is that **Indian citizens can travel to Nepal without a passport**—simply carry your **original Voter ID** (or any other valid travel document as per current government regulations), making it one of the easiest international holidays to experience.

Tour Highlights

- **Travel Internationally Without a Passport** – Indian citizens can travel to Nepal using their **original Voter ID**, making your international holiday simple and hassle-free.
- **Chitwan National Park (UNESCO World Heritage Site)** – Experience an exciting jungle adventure in Nepal's most famous national park, home to the rare **One-Horned Rhinoceros, Royal Bengal Tiger, elephants, deer, crocodiles, and over 500 species of birds**.
- **Pashupatinath Temple** – Visit Nepal's most sacred Hindu temple dedicated to Lord Shiva and one of the country's most revered **UNESCO World Heritage Sites**.
- **Chandragiri Hill Cable Car** – Enjoy a spectacular cable car ride to one of Kathmandu Valley's finest viewpoints, offering breathtaking panoramic views of the Himalayas and the city below.
- **Manakamana Temple Ropeway** – Experience Nepal's famous cable car journey to the revered **Manakamana Temple**, while enjoying magnificent mountain and river valley views.
- **Phewa Lake, Pokhara** – Relax beside Nepal's most beautiful lake, where the majestic Himalayan peaks reflect beautifully on its crystal-clear waters.
- **Patan Durbar Square (UNESCO World Heritage Site)** – Walk through Nepal's rich cultural heritage as you admire centuries-old palaces, temples, courtyards, and exquisite Newari architecture.

Join **Sunrays Holiday** on **22nd October** for a remarkable women-only journey through Nepal, where every destination brings new friendships, unforgettable experiences, and memories to cherish for a lifetime.

Detailed Itinerary

Leh | Pangong Tso |Turtuk Village | KhardungLa Pass | Nubra Valley | Changa La pass| Sham Valley Tour | Leh!

Day 01- Welcome to Nepal – Arrival in Kathmandu & Pashupatinath Temple

Welcome to the enchanting land of the Himalayas! Upon arrival at **Tribhuvan International Airport, Kathmandu**, complete the immigration and baggage formalities. Thereafter, meet your **Sunrays Holiday Tour Manager**, who will warmly welcome you and assist you with your transfer to begin your unforgettable Nepal journey.

Your first experience in Nepal is a visit to the sacred **Pashupatinath Temple**, one of the holiest Hindu shrines dedicated to **Lord Shiva** and a **UNESCO World Heritage Site**. Nestled along the banks of the holy **Bagmati River**, this iconic temple is renowned for its spiritual significance, centuries-old architecture, and vibrant religious rituals. Witness the serene atmosphere and immerse yourself in the rich cultural and spiritual heritage of Nepal.

After seeking blessings and exploring the temple complex, proceed to your hotel for check-in and some time to relax after your journey.

In the evening, enjoy a delicious **welcome dinner** before retiring for the night.

Overnight Stay: Kathmandu

Meal: Dinner

Day 02 - Kathmandu Heritage Tour & Nagarkot Himalayan Sunset

Start your day with a delicious breakfast at the hotel before setting out to explore the cultural and spiritual treasures of Kathmandu Valley.

Begin your sightseeing with a visit to the magnificent **Boudhanath Stupa**, one of the largest Buddhist stupas in the world and a **UNESCO World Heritage Site**, renowned for its peaceful ambience and vibrant Tibetan culture. Continue to the sacred **Budhanilkantha Temple**, home to the remarkable reclining statue of Lord Vishnu resting on a bed of serpents.

Next, explore the historic **Patan Durbar Square**, another **UNESCO World Heritage Site**, celebrated for its beautifully preserved palaces, intricately carved temples, traditional Newari architecture, and rich artistic heritage. *(If the visit to **Pashupatinath Temple** could not be completed on Day 1 due to flight timings, it will be covered today.)*

Later, drive to the picturesque hill station of **Nagarkot**, one of Nepal's most famous viewpoints. Admire breathtaking panoramic views of the Himalayan mountain range and witness a spectacular sunset over the snow-capped peaks—a truly unforgettable experience and one of the highlights of your Nepal journey.

After soaking in the stunning scenery, return to **Kathmandu** for an overnight stay.

Overnight Stay: Kathmandu

Meals: Breakfast & Dinner

Day 03 -Kathmandu – Manakamana Temple – Chitwan

After a delightful breakfast at the hotel, check out and begin your scenic drive towards **Chitwan**, one of Nepal's most celebrated wildlife destinations.

En route, visit the revered **Manakamana Temple**, dedicated to Goddess Bhagwati, who is believed to fulfill the heartfelt wishes of her devotees. Reach the hilltop temple by an exciting **cable car ride**, offering breathtaking panoramic views of lush green hills, the Trishuli River, and the surrounding Himalayan landscape. This memorable ropeway journey is one of Nepal's most popular experiences.

Continue your drive to **Chitwan**, a region renowned for its rich biodiversity and natural beauty. Upon arrival, check in to your hotel and enjoy some leisure time to relax amidst the peaceful surroundings.

In the evening, immerse yourself in the vibrant culture of Nepal with a captivating **Traditional Tharu Cultural Dance Performance**. Witness the colourful costumes, rhythmic music, and energetic performances that beautifully showcase the unique traditions and heritage of the indigenous Tharu community.

Return to the hotel for an overnight stay in **Chitwan**.

Overnight Stay: Chitwan

Meals: Breakfast & Dinner

Day 04 -Chitwan Jungle Safari Experience – Pokhara

Begin your day with an early breakfast before embarking on an exciting wildlife adventure in the world-famous **Chitwan National Park**, a **UNESCO World Heritage Site** renowned for its incredible biodiversity and natural beauty.

Experience an exhilarating **Jeep Safari** through the dense forests and grasslands of the national park, where you'll have the opportunity to spot the rare **One-Horned Rhinoceros**, deer, wild boars, crocodiles, exotic birds, and, if luck is on your side, the majestic **Royal Bengal Tiger** in its natural habitat.

Continue your exploration with a visit to the **Elephant Breeding Center**, where you can learn about Nepal's successful elephant conservation and breeding initiatives. Later, enjoy a peaceful **Nature Walk** accompanied by experienced naturalists, offering a closer look at the region's unique flora, fauna, and birdlife.

After this unforgettable jungle experience, drive through Nepal's scenic countryside to the beautiful lakeside city of **Pokhara**, nestled amidst the majestic Annapurna Himalayan range. Upon arrival, check in to your hotel and spend the rest of the evening at leisure, soaking in the tranquil charm of

this picturesque destination.

Overnight Stay: Pokhara

Meals: Breakfast & Dinner

Day 05 - Sarangkot Sunrise & Pokhara Sightseeing

Start your day early with a memorable excursion to **Sarangkot**, one of Nepal's most famous viewpoints. Witness a breathtaking **sunrise over the majestic Annapurna and Dhaulagiri Himalayan ranges**, as the first rays of sunlight illuminate the snow-capped peaks—an unforgettable experience and one of the highlights of your Nepal journey.

After breakfast, set out to explore the natural wonders and cultural attractions of **Pokhara**, Nepal's picturesque lake city.

Begin with a visit to the serene **Phewa Lake**, where the tranquil waters beautifully reflect the surrounding Himalayan peaks, creating a picture-perfect setting. Continue to the spectacular **Davis Falls**, a unique underground waterfall that disappears into a deep natural tunnel, followed by a visit to the sacred **Gupteshwar Mahadev Cave**, home to an ancient Shiva shrine and offering fascinating views of the waterfall from within the cave.

Later, visit the impressive **Seti Gorge**, carved over centuries by the powerful Seti River. Admire the dramatic limestone cliffs and the river flowing through the deep, narrow canyon—one of Pokhara's most remarkable natural attractions.

The evening is free for leisure. You may explore the vibrant **Lakeside Market**, enjoy shopping for local handicrafts and souvenirs, or simply relax at one of the charming cafés overlooking Phewa Lake.

Overnight Stay: Pokhara

Meals: Breakfast & Dinner

Day 06 - Pokhara – Kathmandu | Scenic Himalayan Drive & Leisure

After a delightful breakfast at the hotel, bid farewell to the enchanting city of **Pokhara** as you embark on a picturesque drive back to **Kathmandu**. Journey through Nepal's breathtaking countryside, passing lush green hills, charming villages, winding rivers, terraced farmlands, and stunning mountain landscapes that make this route one of the country's most scenic drives.

Upon arrival in **Kathmandu**, check in to your hotel and enjoy the remainder of the day at leisure.

You may explore the city's vibrant markets and indulge in **shopping** for authentic Nepalese handicrafts, pashmina shawls, singing bowls, prayer flags, traditional souvenirs, local tea, spices, and handcrafted gifts. Alternatively, unwind at a local café or simply relax at the hotel after your memorable journey through Nepal.

Return to the hotel for an overnight stay in **Kathmandu**.

Overnight Stay: Kathmandu

Meals: Breakfast & Dinner

Day 07 - Farewell Nepal – Departure

After a leisurely breakfast at the hotel, complete the check-out formalities and enjoy some free time until your scheduled airport transfer.

You will then be transferred to **Tribhuvan International Airport, Kathmandu (KTM)** for your onward journey, carrying home unforgettable memories of Nepal's majestic Himalayas, rich cultural heritage, serene lakes, vibrant wildlife, and the wonderful friendships made along the way.

?? Flight Departure Information:
Guests are advised to book **any flight departing from Kathmandu (KTM) after 1:30 PM (13:30 hrs)** to ensure a comfortable and hassle-free airport transfer.

Thank you for travelling with **Sunrays Holiday**. We look forward to welcoming you on another memorable journey soon!

Meals: Breakfast

Package Inclusions

- 06 Nights' Accommodation at carefully selected premium hotels or similar category properties.
- Accommodation on a twin / double sharing basis as per the selected category of hotels
- Meals Included: Daily Breakfast & Dinner as mentioned in the itinerary (Set Menu).
- All Airport Transfers & Sightseeing by comfortable air-conditioned vehicle.
- Manakamana Cable Car Tickets included.
- Chitwan Jungle Activities including Jeep Safari, Elephant Breeding Centre Visit & Nature Walk.
- All Toll Taxes, Parking Charges & Driver Allowances included.
- Sunrays Holiday Caring Tour Manager Ex. KTM Airport- (Day 01-07)
- All Driver & Restaurant Tips included – No Hidden Charges.
- 500 X02 Water Bottles Per Head Per Day
- Package Rates are applicable for Indian Nationals only.

Package Exclusions

Please Read Package Exclusions List Carefully.

International or Domestic Airfare (unless specifically mentioned).Travel Insurance.GST 5%. TCS (Tax Collected at Source): As per the Government of India regulations, 2% TCS will be collected on the total invoice value. This is not an additional cost, but a refundable/adjustable tax credit that can be claimed while filing your Income Tax Return (ITR). If the traveller's PAN is not available, is inoperative, or is not linked with Aadhaar, TCS may be collected at the higher applicable rate (currently 20% or as per prevailing Income Tax rules). Therefore, providing a valid and operative PAN is highly recommended.Services of the vehicle on leisure days and after finishing the sightseeing tour Adventure activity costs (Pony Ride, River Rafting, ATV Bikes, Camel Safari, paragliding etc) Medical & Travel insurance Additional Costs due to Flight Cancellations, Road blocks, natural calamities and Nature’s furyAny extra cost incurred due to illness, accident, hospitalization or any personal emergency Anything not mentioned under the category “PACKAGE INCLUSIONS”In Case of any staggered arrivals, taxis will be arranged for at an additional charge. Individual cars if required for airport transfers would be at an extra charge. Personal expenses such as laundry, telephone calls, beverages, minibar, shopping, porterage, etc.Any services, facilities, or expenses not specifically mentioned under "Package Inclusions.

Additional Information / Notes

Packing List

- Caps / Hat
- Sunscream
- Moisturizer
- Lip Balm
- Denim
- Woolen Pants
- Full sleeve Shirts and Sweatshirts
- Warm clothes
- Hiking / Jogging Shoes (Avoid Heels)
- Mosquito & insect repellent
- Water bottles
- Extra pair of socks
- Fleece jackets and thermals
- Toilet paper & wipes Because On The Way Roadside Public Convenience are not clean and most of the time runs out of water.

General Medicines:

- Diarrhoea
- Motion Sickness
- Fever
- Headache

Tour Pricing

Cost Per Head

INR: 48999 /- P.P, On Twin (Flight Tickets & Taxes Extra)

Ex. Kathmandu (KTM) 06 Night & 07 Days

Partial Payment

INR: 24999

100 % Payment Required If Booked Within 30Days Of Travel Date.